



October 22 & 29, 2020

**Time: 8:30 a.m. to
12:30 p.m.**

Location

[Register on Zoom](#)

Audience

School Counselors, Nurses,
Social Workers

Grade Levels

6 - 12

Contact

Alison Medeiros

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Brief Intervention

Virtual two day training

Brief Intervention is an approach that uses motivational interviewing, cognitive behavioral therapy, and the stages of change model, to meet the needs of adolescents who use alcohol and/or other drugs.

Learning Objectives

- Examine the counselor's attitudes and relationship with teens
- Learn to teach adolescents how to take a more active and reflective role in decisions about their behavior
- Identify strategies that would support an adolescent drive to make decisions they see as beneficial
- Increase knowledge about drug and alcohol, and tobacco use among teens
- Utilize motivational interviewing to empower rather than enforce
- Identify how Brief Intervention can be used as an alternative to suspension

Training is sponsored by the Tobacco Use Prevention Education (TUPE) Program

TUPE is a comprehensive evidence-based tobacco-use prevention, youth development, intervention, and cessation program. The TUPE Program provides support, training, technical assistance, and information to districts in the development and implementation of tobacco-free policies and practices in schools.

***6 CEU's offered to RN, MFT, LCSW, LEP, LPCC (\$25.00) through Center for Applied Research

Visit tupe.sccoe.org for more information