

October 7 & 12, 2020

March 10 & 16, 2021

Registration is Required

Click on the links to register:

English Sessions

Oct 7, 2020: <http://bit.ly/TUPEOct7>

Mar 10, 2021: <http://bit.ly/TUPEMarch10>

Spanish Sessions

Oct 12, 2020: <http://bit.ly/TUPEOct12>

Mar 16, 2021: <http://bit.ly/TUPEMarch16>

Time: All sessions are **6 to 7 p.m.**

Location

Zoom link will be provided after registration

Audience

Parents, Caregivers and Community Members

For more information, please contact:

Alison Medeiros
amedeiros@sccoe.org

Teen Vaping: What Parents Should Know



Join this workshop and learn:

- What is vaping (nicotine & cannabis)?
- What are the risks of vaping?
- How can parents help their teens?
- COVID-19 and related stressors for teens
- What are healthy teen coping strategies?
- Cessation resources

Santa Clara County Office of Education *Tobacco Use Prevention Education (TUPE)* Program provides support to educators, students and parents by providing evidence-based knowledge, skills, and resources needed to combat teen vaping. More information at tupe.sccoe.org