

Vaping and E-Cigarette Education & Resources

Resources for Schools

Santa Clara County Office of Education's Tobacco-Use Prevention Education:

Request a Vaping 101 presentation.

<http://bit.ly/TUPE-Requests>

Request a Stanford Tobacco Prevention Toolkit Presentation for E-Cigs: Learn about inner workings of e-cigarettes, the content of the aerosols they produce, and thirdhand smoke.

<https://med.stanford.edu/tobaccopreventiontoolkit/about.html>

Free Printed Materials: Includes flyers and posters for order or download regarding the hazards of tobacco and nicotine.

https://digitalmedia.hhs.gov/tobacco/print_materials/search

CATCH E-Cigarette Prevention Program:

Educational program and materials for teachers, tobacco prevention educators, counselors, nurses, and other public health advocates to teach youth.

<https://catchinfo.org/modules/e-cigarettes/>

TND Project Towards No Drug Abuse:

Project TND is an effective drug abuse prevention program that targets senior high school age youth.

<https://tnd.usc.edu/>

SmokeSCREEN: A smoking prevention video game that is about developing a network of friends, family and acquaintances while dealing with people who do not always make the right decisions; like smoking or vaping.

<https://www.smokescreengame.org/>

Scholastic Lesson and Research Activity to Educate Students on the Health Risks of Vaping:

Understand the dangers of teen e-cigarette use.

<http://www.scholastic.com/youthvapingrisks/>



Resources for Parents

Parent Workshops/Presentations: Request a workshop on e-cigarettes and vaping for a parent organization. <http://bit.ly/TUPE-Requests>

Facts for Parents from U.S. Surgeon General: Learn the facts on e-cigarette use among youth and young adults.

<https://e-cigarettes.surgeongeneral.gov/>

California Department of Public Health Guide for Parents:

Use this guide to help navigate how to keep kids healthy and nicotine-free in the age of a vaping epidemic.

<https://bit.ly/2kHM8Pc>

CDC Quick Facts on the Risks of E-Cigarettes:

Learn what are the risks of e-cigarettes for kids, teens and young adults.

https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html



Santa Clara County Office of Education





Resources for Youth

Santa Clara County Community Advocate Teens of Today (CATT): E-mail tobaccoprevention@phd.sccgov.org for more information, to join or to schedule a presentation.

Youth Peer Advocacy Program: For more information, to join or to schedule a presentation visit: <https://tupe.sccoe.org>.

Quit Vaping – Texting Program: The program is tailored by age group to give teens and young adults appropriate recommendations about quitting.

<https://bit.ly/2WsodQY>

**Learn about the risks from vaping
Becoming a Smoke-Free Teen:**

Learn about different tools to help you quit.

<https://teen.smokefree.gov/>

Resources for the Community

Santa Clara County Public Health Department – Tobacco Free Communities Program:

E-mail tobaccoprevention@phd.sccgov.org for more information or to schedule a presentation about e-cigarettes and vaping.

Tobacco-Free Coalition of Santa Clara County: Works to improve the health of all Santa Clara residents by: Changing community attitudes toward tobacco uses, Reducing the use of tobacco and Reducing exposure to secondhand smoke.

For more information or to attend a meeting e-mail tobaccoprevention@phd.sccgov.org.

Flavors Hook Kids Campaign:

Learn more about flavored tobacco, nicotine, the health issues associated and how to take action.

<https://flavorshookkidssantaclara.org/>

Quit Services in Santa Clara County:

Local Listing for Tobacco Cessation and Education Resources.

<https://bit.ly/2kjgN5s>

California Youth Advocacy Network Toolkits and Resources:

Educational materials to support your tobacco-free efforts.

<https://www.cyanonline.org/tools1/#toolkits>

Contact Information

**Santa Clara County Public Health Department
Tobacco-Free Communities Program**

Email: tobaccoprevention@phd.sccgov.org

Phone: 408.793.2700

Website: www.sccphd.org/tobaccofree

Santa Clara County Office of Education

Tobacco Use Prevention Education Program

Phone: (408) 453-6569

Website: <https://tupe.sccoe.org>

